

## Wellspring Counseling Statement of Faith

Wellspring Counseling is a non-denominational Christian counseling service. We exist to serve persons from any background or persuasion, religious or secular; however, our approach to therapy will be based upon an understanding of the nature, needs and purpose of human beings which is grounded in biblical revelation. We will also seek to integrate the best contributions of the psychological sciences to provide the highest quality care to our clients.

*We affirm the following:*

There exists only one God<sup>1</sup>, Creator and Sustainer of all things<sup>2</sup>, perfect in all of His attributes<sup>3</sup>, and existing eternally<sup>4</sup> in three Persons: the Father, the Son, and the Holy Spirit<sup>5</sup>. He is by His very nature unchangingly good, loving, true, wise and just<sup>6</sup> to a degree possessed by no other.<sup>7</sup>

The Scriptures, both Old and New Testaments, are the inspired Word of God<sup>8</sup>, without error in the original manuscripts, and fully trustworthy in all they teach<sup>9</sup>. They are the complete revelation of His will for the salvation of human beings<sup>10</sup>, and the final authority for all matters on which they speak.<sup>11</sup>

Human beings were created in God's image, male and female<sup>12</sup>, as objects of His love<sup>13</sup> and for His glory<sup>14</sup>. They were created morally and relationally perfect<sup>15</sup>. However, they chose to disobey God<sup>16</sup>, and thus brought upon themselves and their descendants guilt, alienation, suffering, and death<sup>17</sup>. This disobedience, or sin, does not put an end to God's love for His creatures<sup>18</sup>, but breaks their relationship with Him<sup>19</sup> and seriously damages their ability to relate properly to one another, to the rest of creation, and even to themselves.<sup>20</sup>

Jesus Christ is God's only solution to the problem of sin.<sup>21</sup> He paid the penalty for sin on our behalf when He died on the cross<sup>22</sup>, and inaugurated new life when He physically rose from the dead.<sup>23</sup> This same life is given to all who trust Him alone for salvation<sup>24</sup>; they are restored to a true and eternal relationship with God as His children<sup>25</sup>, receive His forgiveness for all their sin<sup>26</sup>, and are given a new nature which makes it possible to live as God intends<sup>27</sup>. They are also assured of a future resurrection<sup>28</sup> at which time all of God's promised blessings to His children will be made complete<sup>29</sup>, including complete freedom from sin and its effects, and they will live in His presence forever.<sup>30</sup>

The Holy Spirit is God's agent of new life for believers in Jesus Christ<sup>31</sup>. He gives them assurance that they are indeed God's children<sup>32</sup>, guides them<sup>33</sup>, comforts them<sup>34</sup>, helps them to recognize and approve God's will, convicts them when they disobey, and enables them to live in ways that honor Christ and bring true fulfillment to themselves.<sup>35</sup>

The Christian life is a process of becoming more and more like Christ in attitudes and actions<sup>36</sup>. God's will is that every believer experience abundant life as they bring every area of their lives progressively into greater submission to His will, through the power of His Holy Spirit, and increasingly align their thoughts and emotions with the truth of His word.<sup>37</sup>

Our ministry of counseling recognizes the complexity of people as physical, intellectual, emotional, social and spiritual beings. The ultimate goal of Christian counseling is to help others move towards personal wholeness, interpersonal competence, mental and emotional stability, and spiritual maturity.

1. Deut 4:39; 6:4; Isa 45:5
2. Isa 40:26; 45:12; Col 1:16; Rev 4:11; Heb 1:3
3. Mat 5:48
4. Isa 43:13; 1 Tim 1:17; John 8:58; Rev 22:13
5. Mat 28:19; 2 Cor 13:14; John 1:1-3; Heb 1:1-3; 2 Pet 1:1; Act 5:3-4; 2 Cor 3:17-18
6. Psalm 34:8; 86:5; Lam 3:22; Rom 5:8; Eph 2:4-5; 1 John 4:10, 16; Num 23:19; Psalm 119:160; Isa 65:16; John 14:6; Job 12:13; Rom 16:27; Deut 32:4; Psalm 9:8; 92:15; Eph 6:9
7. Psalm 71:19; 86:8; Isa 46:9
8. 2 Tim 3:16; 2 Pet 1:20-21
9. Num 23:19; Psalm 19:7; John 17:17; Titus 1:1-3
10. Luke 11:28; John 5:24, 39; 20:31; Rom 1:16-17; 2 Tim 3:16-17
11. Psalm 119:4, 96
12. Gen 1:26-27; 9:6
13. Titus 3:4-5; 1 John 4:8-10
14. Isa 43:7; Rev 4:11
15. Gen 1:31; 2:25
16. Gen 3
17. Gen 3:16-19; Rom 5:12-14
18. Ezek 18:31-32; Rom 2:4; Matt 5:45
19. Num 15:31; Isa 59:2; Rom 3:9-12; 6:23a
20. Gen 4:7-8; 3:17-19; 3:10; Gal 5:19-21
21. John 14:6; Acts 4:12
22. Matt 20:28; Rom 3:24-25; 5:8-10; Heb 9:12; Rev 5:9
23. Luke 24; John 20; 1 Cor 15:3-6; Col 2:12
24. Rom 6:4, 10-11; 7:4; 8:11
25. John 10:27-29; Eph 2:4-7; John 1:12; Rom 8:15-17
26. Acts 10:43; Col 2:13; 1 John 1:7

27. Eph 4:24; Col 3:10; 2 Cor 5:17; 2 Pet 1:2-4

28. John 6:39-40; 1 Cor 15; 1 Thes 4:14

29. Rom 8:23-25; 1 Pet 1:5

30. Rev 21:3-4, 27

31. John 3:5-6; 4:14; 6:63; Rom 8:11

32. Rom 8:16; Gal 4:6

33. John 16:13; Gal 5:18

34. John 14:16-17

35. 1 John 2:27; 1 Cor 2:10-13; 6:11; Rom 5:5; Gal 5:16-17, 22-23

36. Rom 12:2; 2 Cor 3:18; Eph 4:15; 1 Pet 2:2; 2 Pet 3:8

37. John 10:10; 16:33; Rom 8:6; 14:17; 15:13; 2 Cor 3:11; Eph 1:16-20; James 1:25